

# DON'T SWEAT IT, HERE'S WHAT YOU NEED FOR THE FITNESS FIEND...

## Epic Gym Tote from <u>FURST</u>

Your fitness friend needs the perfect gym tote to keep them looking fly while lifting, so keep it local and check out FURST totes - all handmade in his studio on 2nd Ave. Lightweight perfect for sneakers, phone, keys etc Price: \$469; Located: 123 NE 2nd Ave

## Fitness Leggings from <u>Haystacks</u>

These fabulously unique leggings are the perfect workout gear and sure to turn heads in the gym or on the street! Stay stylish my friends... Price Range: \$59-92; Located: 401 E Atlantic Ave

#### Reusable Water Bottles from <u>Surf District Surf Shop</u>

Everyone knows the importance of staying hydrated when you work out. So make sure your friends never go thirsty with these trendy reusable water bottles from Surf District. There are a ton of colors and styles to choose from & water bottles are sure to keep drinks cold or hot! Located: 220 NE 1st St.

## Lily Pulitzer Yoga Mat from <u>Hand's Office & Art Supply</u>

They may not sell her clothes, BUT they have all the accessories: Yoga mats, lunch boxes, tableware, coolers, pens/pencils, planners/calendars and stationary. So when your friend totes around their cool new yoga mat, they can be sure to match all of their other accessories with it! Located: 325 E Atlantic Ave

#### <u>Gym Membership</u> or Class Packages in Downtown Delray

Give the gift of a workout to that special friend or family member. Boutique Gyms like <u>Purlife</u>, <u>Slash</u>, <u>RIDE Delray</u> or <u>OrangeTheory</u> are great for the high-intensity lover. Want something a little more zen? Try a pack of yoga classes at places like <u>Delray</u> <u>Yoga Shala</u>, <u>Colony Yoga</u>, <u>Dancing Lion Studio</u>, <u>Barre Envy</u> & more! Located: Throughout Downtown Delray

## Lily Pulitzer Workout Clothes from C.Orrico

) It's no secret that C.Orrico is the go-to place for all of your Lily Pulitzer needs! Compliment that brand new yoga mat with some Lily Pulitzer workout gear and cruise into your yoga or pilates class ready to sweat it out!! Located: 1045 E Atlantic Ave.

#### Bike Rentals & Snorkel Gear Rentals from <u>Richwagen's</u>

Rent (or buy) a bike to ride around town. Head to the beach for some volleyball or rent some snorkel gear from Delray Beach Watersports Rentals and check out the awesome ship wreck right off shore. Plenty to do and see while getting your exercise in! Located: 298 NE 6th Ave

## Paddleboard & Surfboard Rentals from Surf District Surf Shop Wanting to change up your workout routine? Gym not your style? Try Paddle boarding or surfing for a workout you are sure to enjoy....Call the

shop for availability  $\Box \Box \Box \Box \Box 3 \Box \Box 2$  561-865-6235; Located: 220 NE 1st St.

# Tennis or Pickleball Lessons at <u>The Delray Tennis Center</u>

New Year brings New Goals. Always wanted to perfect your tennis game? or check out the growing popularity of Pickleball? Grab a racquet and take some lessons at local tennis center - The Delray Tennis Center! Maybe pick up some tickets to the Delray Open in February as well to give you that extra motivation and inspiration! Located: 201 W Atlantic Ave.

# On Running Shoes from **Tootsies Delray**

For that friend or family member who may have just picked up running and needs the comfiest, best footwear for their long jogs, On Running shoes are where its at and Tootsies Delray is where to find them! Located: 310 E Atlantic Ave.